

Elijah - The Power of God

1 Kings 19

Introduction: Elijah & God

- **God's Care & Divine Intervention** -

Personal Care - 19:5-8

Powerful Visitations - 19:9-14

God's voice - vs. 9, 13

Elijah's defensiveness - vs. 10, 14

God's powerful displays - vs. 11-12

- **Thoughts on Despair and Depression** -

First, despair and depression are often if not always preceded by a loss of perspective.

Second, despair and loneliness make spiritual battles all the more difficult to fight because you can see Satan's instrument but you can't see the "strong arm" of the Lord.

Third, Elijah's retreat to Horeb must be our return to prayer and the voice of God.

Fourth, Elijah's prayer life on Mount Carmel is quite different from the cave on Mount Horeb. Circumstances can have too much control over our prayer lives.

Meaningful Assignments - 19:15, 17-20

Ministry Companionship - 19:16, 19-21

Conclusion: When God demonstrates His power we should resist being overwhelmed and moved by the means and turn to the source: God.

When despair starts to rear its ugly head take a step back and ask God to help you see things from his point of view. That may include the wisdom of a mature saint who 'understands' your shoes.