

**"Sabbath"**  
Mark 2:23 - 3:6

**Introduction:** Mark 2:23 - 3:6 (2:18-22) Jesus is saying - 'I am Lord of the \_\_\_\_\_'.

**Old Testament Sabbath Law** - The Jewish sabbath began \_\_\_\_\_ at 6:00 PM and ended \_\_\_\_\_ at 6:00 PM.

God " \_\_\_\_\_ " the Sabbath and this day blesses the \_\_\_\_\_ of the week with "vitality, prosperity, abundance and fertility." (Rooker, 87)

**New Testament Sabbath Practices** - Being a Jew and observing the Sabbath became \_\_\_\_\_. The Gospels record 6 events when Jesus faced controversy over the Sabbath Picking grain on the sabbath ( \_\_\_\_\_ - Matthew 12:1-8; Mark 2:23-28) and \_\_\_\_\_ on the sabbath (Matthew 12:9-14; Luke 13:10-14; 14:1-6; John 5:1-14; John 9).

**New Testament Sabbath Rest** - In Matthew 11:28-30; Hebrews 3:7-11; 4:1-11.

Mark 2:23-28 - (1 Samuel 21:1-6).

**Concept:** God permitted his rule to be broken for the need of David and his men. God let a ceremonial law slide to meet an \_\_\_\_\_.

Matthew 3:1-6 - Matthew 12:1-14; Luke 6:1-11

**Precept:** Jesus simply puts the man-made laws of the Pharisees in their proper place and elevates \_\_\_\_\_ for his people. (See Isaiah 1:11-17)

**Conclusion & Application:**

First, as a follower of Jesus Christ, make regular, \_\_\_\_\_ time to be before God, to focus on his agenda, to study his word and to lay aside the cares of my life for something greater and more important \_\_\_\_\_. What do I let impact my normal \_\_\_\_\_?

Second, we are not called to worship for 24 hours; but have we taken this ' \_\_\_\_\_ too far'; have we shortened our commitment to worship so that we can have "the rest of the day for \_\_\_\_\_"?

Third, Sabbath observance was a matter of Law, Sunday worship is not; perhaps we should ask, "What is the \_\_\_\_\_ of my 'Sabbath'?" What is the spirit of my \_\_\_\_\_?

Fourth, All true rest resides in \_\_\_\_\_.